

Post microsuction aftercare advice



Why is it important?

- Microsuction aftercare advice is important because it provides clear instructions for the patients to follow once they leave your clinic to facilitate the best outcomes.

Below are the three most common aftercare scenarios.



Full successful removal

- Water precautions for 24-48 hours:
When showering, apply a small amount of petroleum jelly to a cotton ball/wool and place it at the entrance of the ear (nothing inside) or use a shower cap.
- Return as needed approximately every 6-12 months.

If further wax removal is required

- Water precautions for 24-48 hours:
- Apply 3 sprays of olive oil to the affected ear with head tilted- in the morning and at night.
- Return to the clinic for a follow-up microsuction in 1-2 weeks depending on depth

Immediate actions in case of trauma

Stop the microsuction procedure

Explain what has happened to the patient (duty of candor)

- No further microsuction.
- Keep ear dry for 10 days – 2 weeks.
- If any ear discharge develops, seek topical treatment.
- Schedule an otoscopy review appointment for 2 weeks.
- If the client is experiencing any new post-treatment symptoms of persistent hearing loss, tinnitus, or vertigo recommend urgent ENT review and hearing assessment with pure tone audiometry.

Ensure any break in the skin has stopped bleeding (if it lasts for more than 5 minutes, advise the patient to immediately go to urgent care)

